

Nutrition

Have you ever wondered how food and science are linked?

Do you want to study the dietary, lifestyle and healthy eating?

This course provides students with the opportunity to develop their understanding of nutritional concepts and how they can be applied within society. Students will study the dietary, lifestyle and healthy eating patterns with specific foods.

Students also work through case studies where they will interpret data and discuss how dietary choice can impact society.

SACE Credits

10 credits

Assessment

Skills and application tasks

Investigations folio

Subject Length

1 semester

Prerequisites

N/A

Additional Information

This is a scientific study of Nutrition, not a practical cookery/food subject.

SACE Link

<https://www.sace.sa.edu.au/studying/subjects/nutrition>