

# Specialist Physical Education

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***Do you want to focus on movement through Physical Activity?***

***Do you want to analyse practical lessons and interpret the data collection?***

This course allows students to develop their knowledge and understanding of human movement through joining in physical activities and other recreational activities.

The physical activities students partake in may include sports such as soccer, football, netball, theme based games and/or a range of fitness/recreational activities.

## **SACE Credits**

10 credits

## **Assessment**

Improvement analysis

Practical activity investigation

## **Subject Length**

1 semester

## **Prerequisites**

N/A

## **Additional Information**

Students explore and analyse evidence of physical activity to provide feedback on ways in which performance improvement can be achieved. Technology is used to collect evidence. Students reflect on factors that may hinder or encourage participation each day.

## **SACE Link**

<https://www.sace.sa.edu.au/studying/subjects/physical-education>